

DCYSA INDOOR SOCCER RULES & REGULATIONS

- Games will consist of 2 teams, 5 players per team (4 field players and 1 GK)
- Games may start with 4 players.
 - U8---25 minute games
 - U10—30 minute games
 - U12—30 minute games
 - U14—30 minute games
 - U18—35 minute games
- A 2 minute water break will be allowed after 15 minutes have past in the start of the game.
- **Futsal balls** will be used. They are approximately between size 3 and 4 and are weighted to decrease bounce.
- All substitutions will be made on the fly at any time.
- Players, other than Goalkeepers, wear their team's uniform, consisting of the same color, shin guards, and indoor footwear.
- The Goalkeeper wears a jersey colors distinguished from all other field players.
- **Dangerous Equipment:** A player may not wear any jewelry or other accessory.
- **Referee:** The decisions of the Referee regarding facts connected with play and interpretation of Rules are final.
- Only shoes with non-marking soles allowed.
- Shin Guards **MUST** be worn at all times.
- The clock will run continuously.
- A goal is scored when the whole ball passes completely over the goal line, between the goalpost and under the crossbar, provided no infraction of the rules occurred in the accomplishment of the goal.
- Goals may not be scored by a player directly from a:
 - Kick off
 - Indirect free kick (all restarts are indirect)
 - Goal Kick
- During a goal kick, all defenders must be behind the halfway line (half court) until the goal kick is taken.
- A goal kick cannot be kicked in the air over the halfway line. (the defensive team will receive an indirect free kick from the half way line)
- Punting is not permitted in indoor soccer.
- The goalie **cannot drop kick** the ball over the half way line.
- There is absolutely NO sliding in DCYSA Indoor Soccer. Every slide is a foul and will result in an indirect free kick for the opposing team.
- Any ball that becomes dead will be put into play by a kick-in. (defensive player is 3 yards off the ball)
- There is no off-side in indoor soccer.
- All teams will be stationed right outside the boy's locker room in the gym.
- No heading by players U12 and younger. It will result in an indirect free kick.